With Honor

Asian American Pacific Islander Heritage Month

May 6, 2022 Volume 1, Issue 1

Advancing Leaders Through Collaboration

Each year, the Federal Asian Pacific American Council (FAPAC) selects a theme for Asian American Pacific Islander (AAPI) Heritage Month.

FAPAC is a non-profit organization that advocates for the interests of Asian American, Native Hawaiian, and Pacific Islander employees in the federal government.

Expounding on the new theme, Advancing Leaders, which will run from 2021-24, they chose A dvancing Leaders Through Collaboration for 2022.

Collaboration is when multiple individuals come together, sharing ideas, to accomplish a common goal.

It is said to increase communication and efficiency among teams. Leaders are able to mentor and groom future leaders through collaboration.

According to FAPAC, "Embracing collaboration to advance the most promising individuals to leadership and management positions also demonstrates to all federal employees that they too

should embrace collaboration within and across their subset of departments."

This mindset ensures we retain the best qualified leaders.

As we reflect on the theme selected for AAPI, let us reflect on the continued efforts made by the Asian American, Native Hawaiian, and Pacific Islander community to promote unity and togetherness in our nation.

Honor the sacrifices made for advancement and equity and celebrate the glass ceilings broken to exact change.

Did You Know?

The first Japanese immigrants arrived in the United States on May 7, 1843

Dr. Margaret "Mom" Chung

Born in Santa Barbara, Calif., in 1889, Margaret Jessie Chung



was the oldest of 11 children.

Her parents were Chinese immigrants and devout Christians. She dreamed of doing missionary work in the field of medicine.

After graduating from medi- Unfortunately, she did not cal school, her medical missionary application was rejected due to her race.

She moved back home and became a "physician to the stars" in Hollywood.

Dr. Chung advocated for the inclusion of women in the U.S. military, which led to the establishment of the Women Accepted for Volunteer Emergency Service (WAVES), a reserve corps for women in the Navy in 1942.

receive credit for her advocacy in the creation of corps. Nor was she allowed to join.

Serving on the frontline during the Sino-Japanese War, Dr. Chung secretly recruited pilots for the "Flying Tigers," the First American Volunteer Group of the Republic of China Air Force.

At the age of 69, Dr. Chung passed away from cancer on Jan. 5, 1959.

Quote of Week

"Success is a collection of problems Solved"

-- I.M. Pei

Recipe of the Week

Pho (pronounced "fuh") is a popular noodle soup from Vietnam. A dish filled with layers of aromatic and complex flavors, the key to any good pho is the broth!

- 1. Broil 1 chopped onion and 1 chopped ginger roots on skinned side for 15 mins until burnt.
- 2. Toast 1 Black Cardamom, 2 Star Anise, 4 Cloves, and 1 Cinnamon Stick at medium heat on a pan for about 2 mins until fragrant.
- 3. Remove spices, place into tea strainer, and place into a pot.
- 4. Add charred onion and ginger into the pot with spices, then pour in 2 liters water, 4 beef broth cubes, 1 piece of rock sugar, 1 teaspoon salt, and 1 tablespoon fish sauce.
- 5. Bring to boiling, continue for 10 mins, remove tea strainer and cinnamon stick. Then simmer for another 20 mins.
- 6. Assemble the bowl with cooked pho noodles (generally 10 seconds in hot water), sliced raw beef, garnish with cilantro & green onion. Add hot broth.
- 7. Top bowl with bean sprout, Thai basil, lime, Sriracha, and hoisin sauce as preferred. Enjoy!

Words of the Week

Hawaiian
Ka'a 'ōhua (taxi driver)

Chinese

餐厅 Cāntīng (restaurant)

Did You Know?

The first Japanese woman elected to the U.S. Congress in 1964 and sought the Democratic presidential nomination in 1972 was Patsy Mink.

Fun Fact

Bruce Lee was not just a martial artist... He was the Crown Colony Cha Cha dancing champion; winning the competition in 1958.

Nicole Scherzinger

Best known as the lead singer of the group, "Pussycat Dolls," Nicole Elikolani Prescovia Scherzinger was born in Honolulu, Hawaii, in 1978.

She is of Filipino and Hawaiian-Ukrainian descent. Nicole has been in

the music business since 1997 and is currently a host on the hit reality show *The Masked Singer*.

Mentoring Town Hall Event

Time: May 31, 2022, 1 p.m. Mountain Time

Join ZoomGov Meeting

https://www.zoomgov.com/j/1608383213? pwd=UXk5WDh5a3A5UGluK0dWR1g2L1Vqdz09

> Meeting ID: 160 838 3213 Passcode: 036732